



# RUSHMOOR AND MORE

**Balanceability is the UK's first and only accredited learn to cycle programme for children aged 2½ to 6 years old.**

Balanceability develops confidence, spatial awareness, dynamic balance and the skills to ride a bicycle without stabilisers.

Using balance bikes and other equipment our team of instructors are able to get children cycling through tailored sessions constructed around fun games and challenges.

For more information, please contact Martin Sterio on 01252 398 763, email [martin.sterio@rushmoor.gov.uk](mailto:martin.sterio@rushmoor.gov.uk) or find us on Facebook.

 [balanceabilityrushmoorandmore](https://www.facebook.com/balanceabilityrushmoorandmore)

**Balanceability is accredited and supported by:**



**RUSHMOOR**  
BOROUGH COUNCIL