



Air Quality



Basil Bird Clean Air Hunt

KS1 and KS2 Appropriate

Concepts, skills, and qualities taught:

This exercise may be used to raise awareness about issues associated with air quality and to promote Park and Stride sites or safer walking routes to school. This activity may help to increase the well-being of children by highlighting the health and environmental benefits of active travel.

Where: Along a chosen Park and Stride route to school or in a quiet part of the school grounds.

Numbers required: Whole school or particular year groups.

Suggested age range: Ages 5 and up

Materials needed: Clipboard, paper, pencil(s)

Time required: Depends upon the length of the route chosen.

Instructions:

Select a short, safe walking route, away from busy roads if possible, that you would like to promote to encourage families to travel actively to school. Prepare the cards by printing off the Basil birds (cut them out if you have time). Stick the two corresponding sides together). Laminate if possible or stick to thicker card.

Punch a hole into the pictures and use string or cable ties to attach them to posts along the chosen trail. Place the cards in order of 1-7 so that it spells out the word BREATHE.

Invite parents to park and stride on a particular date and send them a map of the route on which to record the letters as they find the Basil birds.

Risk assess the route before the date of the event.

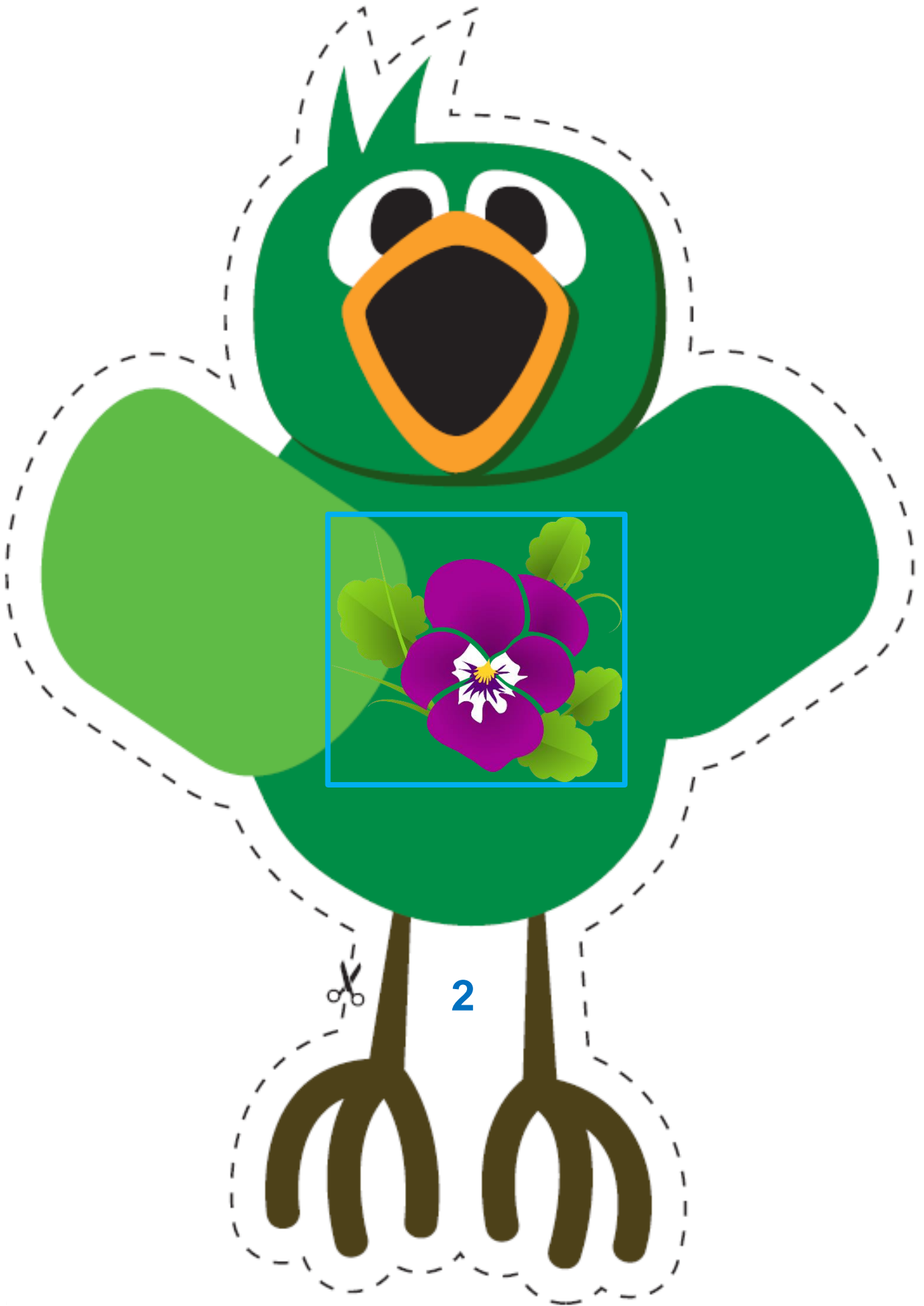
Families may be greeted by staff at the beginning and end of the trail and given badges or stickers for taking part. The topic of breathing clean air may then be discussed in an air quality themed assembly.



**See if you can find
all the Basil birds.
Turn him over to
collect letters that
spell a word!**



1















Then read
the word
and do what
it says!

my
Journey

1



