

Amy's story

Amy Thompson returned home to Southampton for the summer from university in Plymouth. She wanted to be more mobile and, having found an old Raleigh bike in the shed at home, took it to the [Southampton Bike Kitchen](#) and got help to fix a broken spoke and wobbly front wheel to get up and rolling.

“When I came back to Southampton from uni for the holidays, I really wanted to get about more easily. Now I had more spare time, I wanted to get about more widely and thought a bike would be a great idea.

“I don't have any aspirations to be a champion cyclist but just wanted something to help me get out an about.

“My boyfriend was visiting recently and it was great to be able to go out cycling together. I was able to show him around the city so easily and it's a really quick and pleasant way of getting about. I am also really lucky as we live near Southampton Common. This is really good for cycling on shared paths.”

