

Thanks to ALFI and ACAN members who have helped to collect the data.

As far as possible personal experience has been included as well as the publicised information.

There are sure to be omissions and inaccuracies; to notify us of these please email:

alfcommunity@gmail.com



An on-line version of this directory can be found on these sites:



altonlocalfood.org.uk



altonclimatenetwork.org.uk



Alton Local Food Initiative

*** 'Locally-produced' is a deliberately vague term as some foods, e.g. honey, can be produced in small quantities and very locally, while others need to be on a larger scale to be economic and are therefore distributed over a wider area. Vegetables and fruit produced locally will also be seasonal, and, in some cases, organic.*



Alton Local Food Directory



This is a list of 40 vegetable box schemes, shops, market stalls and farm shops in and around Alton, all of which sell some *locally-produced*** food (or drink).

As well as contact and website details there is information about the range of products sold, packaging and delivery.

The encouraging thing is how many different outlets are selling local products, and the more they are used, the more they will stock. In Alton, the more support we can give to Alton town centre, the more it will thrive. Some of the out-of-town venues combine cafes, other retail outlets, farm trails and lovely areas to walk.

*** See back page for our definition.*

NAME	WEBSITE	LOCATION	TELEPHONE	PRODUCE	COMMENTS
VEG BOXES AND REGULAR DELIVERIES					
Lucy May's	lucymays.com	Beech, Alton	01420 460801	Fruit and veg boxes, bread, buns.	DELIVERS Small/Large boxes. Supports British growers and supplies seasonal produce where possible. Also bread & buns. PACKAGING: Boxes are as plastic free as possible.
Riverford Organic	riverford.co.uk	HQ in Buckfastleigh, Devon; Local management team based in Passfield, GU30 7SB	01803 227 227	Small, medium and large veg and fruit boxes; recipe boxes; meat boxes; eggs, milk and bread.	DELIVERS Source direct from a range of growers and producers in UK and overseas. Option for a box which is UK origin only. PACKAGING: Packaging kept to a minimum, recyclable or returnable. Option for entirely zero packaging box.
Abel and Cole	abelandcole.co.uk	HQ is Wimbledon SW17 0HB. They have various depots throughout the country in local places.	020 8944 3780 03452 62 62 62	Fruit and Veg, meat and fish, dairy, delicatessen, bakery, drinks, household, BBQ - a very wide range 100% organic food.	DELIVERS No air freight. They claim they save fuel by careful planning of routes. Reliable, helpful and responsible in dealing with queries. PACKAGING: Mainly recycled cardboard, brown paper bags.
Farnham Community Farm (was Farnham Local Food)	farnhamcommunityfarm.com	Tongham Road, Farnham, GU10 1PJ		Veg bags to be collected weekly, grown on site at Farnham, pesticide-free vegetables, seasonal.	If low time of year may buy UK organic veg to supplement the veg bag. If you go away a friend may collect instead. PACKAGING: Reusable jute bags. Can now use own bag.
Milk&More	milkandmore.co.uk		0345 606 3606	Cream from Meon Valley, tomatoes from loW, Somerset cheeses.	DELIVERS Aims to increase local supplies PACKAGING: Milk in glass bottles. Yoghurt in glass jars.
CCC's Fruit and Veg	facebook.com/CCCfruitandveg	Alton	07881 930118	Veg and fruit box or fruit box; some additional items.	DELIVERS PACKAGING: Some plastic punnets, paper bags.
Get Fresh and Fruity	getfreshandfruity.co.uk	Lasham	01420 768184	Range of veg, fruit, salad boxes plus milk, eggs, cheese, nuts and seeds	DELIVERS or click&collect. Source Covent Garden + local where possible PACKAGING: Plastic free or recyclable.
Bryant Brothers/The local veg box	thelocalvegboxpeople.co.uk	Greatham	01420 538902	Veg, fruit, salad, juicing boxes, and single add-on items, eggs.	DELIVERS Source from Covent Garden plus list of local growers & producers.
Boxxfresh	boxxfresh.com	Titchfield	01329 846815	Small, med, large & ex large veg & fruit; bread; dry goods; vegan dairy alternatives	DELIVERS Plant-based food, seasonal and fresh, some sourced locally PACKAGING: Fruit& veg packaging free.

SHOPS

Alton Co-op	stores.thesouthernco-operative.co.uk	Alton High Street	01420 541260	Tunworth cheese, Hampshire Honey from Froxfield, Hill Farm juice, New Forest ice cream, Pickles from Petersfield, Ham from Southampton, Eggs & trout pate from Romsey	Set of shelves for local dry goods, chiller cabinet for local ham, dairy, cheese. PACKAGING: Compostable carrier bags.
Four MarksCo-op	stores.thesouthernco-operative.co.uk	Winchester Road, Four Marks GU34 5HG	01420 561380	6 shelves of dry goods and cakes, chiller cabinet of local cheese, dairy, dips, ham, pies. All sourced less than 40 miles away. And frozen food cabinet	PACKAGING: Compostable carrier bags.
Holybourne Shop	holybournestores@aol.com	130 London Road, Holybourne, GU34 4ES	01420 83323	Hampshire cheeses, wines, beer, bacon, vegetables including watercress from Alesford, fruit. Hampshire bread, charcuterie..	DELIVERS Can collect from the shop or they'll deliver. They will phone you for payment when ready to deliver PACKAGING: Flat cardboard boxes, paper bags.
Joyce and Lucas	Joyceandlucas.com	Alton, 78 High St, GU34 1EN	01420 82258	Tunworth cheese, chutney, honey, some beef, locally sourced.	DELIVERS

Shops continue on next page

<i>NAME</i>	<i>WEBSITE</i>	<i>LOCATION</i>	<i>TELEPHONE</i>	<i>PRODUCE</i>	<i>COMMENTS</i>
SHOPS (Continued)					
N.W.Read Butchers	facebook.com/nwreadbutchers	Lymington Bottom, Four Marks GU34 5EW	01420 562139	Home grown and local meats, local cheeses, pies etc.	"I don't really know what food miles are, I just know I haven't got many". PACKAGING: Paper bags.
The Brothers Bakehouse	brothersbakehouse.co.uk	Alton Lane, Four Marks	07971 410 303	Bread and pastries, flour & yeast.	Local flour & other ingredients.
Mill Farm Organic	millfarmorganic.com	Isington Rd, Isington, Alton GU34 4PN	01420 22331	Organic beef, lamb and pork raised on their farm. They buy in organic poultry from local farms plus dairy, bread, fruit, veg, herbs and other groceries.	Coffee shop, farm trails. More expensive than Riverford. Can supply meat box, average price £60 PACKAGING: Mostly paper or cardboard.
Country Market	Countrymarket.co.uk	Kingsley, GU35 0QP	01420 472486	Home grown fruit & vegs. Locally brewed beers, cider, Jenkyn Place sparkling wine. New Forest ice cream, local cheeses, Kingsley honey. Owtons family butchers.	Also have plants and flowers, other clothing outlets, Cook products and restaurant.
Avenue Nurseries Garden Centre	avenuenurseries.com	The Avenue, Lasham, GU34 5SU	01256 381648	Farm shop sells fruit and vegetables, milk and eggs. Meaty's meat butchers.	Suppliers vary, some local. PACKAGING: Use bags & recycled boxes that you help yourself to.
Bowtells farm shop	bowtellfarmshop.co.uk	East Tisted, GU34 3QP	01420 588418	Mostly meat with dairy, cheese, tomatoes, ice cream, fruit juice all locally sourced.	Limited service at the moment as their shop is too small for social distancing. Click and collect on Saturday.
Newlyn's Farm shop	newlyns-farmshop.co.uk	Lodge Farm, North Warnborough RG29 1HA	01256 704128	Comprises butcher, delicatessen, fishmonger, Cheese room, groceries, greengrocery. Meat is raised on farmland around Upton Grey & butchered in house.	Pre-order and collect. Good sausages, and quiche. Cafe. Signposted from the footpath on the Basingstoke Canal as well as access from the Lord Derby roundabout. Cookery school and gift shop.
Blackmoor Farm Shop	blackmoorestate.co.uk	Blackmoor Estate, Blackmoor, Liss, GU33 6BS	01420 476003	Fruit and other local produce.	Doesn't only sell apple trees!
Cassandra's Cup	cassandrascup.co.uk	The Hollies, Winchester Road, Chawton, GU34 1SB	01420 83144	Meat - Soles of Alesford, Fish - Brixham, Bread - Four Marks, Eggs - New Forest, Cider - Mr Whiteheads, Dairy - Southampton, Cheese - Winchester	Order on-line for next day collection. Hoping to source dairy more locally.
Hampshire Cheeses	hampshirecheeses.co.uk	Scratchface Lane, Basingstoke, RG252TX	01256 381070 07880 738 470	Artisan cheeses including camembert.	Cheeses made in Hampshire, Raymond Blanc says their camembert is the best in the world. Various local outlets.
Meaty's Meat	meatysmeat.com	Avenue Nurseries, Lasham, GU34 5SU	07759 551 678 01256 381001	Meats, burgers, sausages, kebabs.	Sourced locally, sells at particular times, see website or phone shop.
West End Flower Farm	westendflowerfarm.com	Upper Froyle GU34 4JG	01420 767306	Flowers grown on the farm, vegs, eggs, Hampshire cheese, local trout.	DELIVERS Open Wed - Sat, 9.30-3.30pm farm shop carries local produce. Cafe too. PACKAGING: No plastic packaging
Allen Gallery shop	hampshireculture.org.uk	Church St, Alton GU34 2BW	01420 82802	Some local produce in their shop - eg honey, chutney, medlar jam.	Closed on Mondays. Cafe, and a lovely garden. Nearby Curtis Museum has similar products.
Naomi's preserves	naomispreserves.co.uk	Supplies outlets - West End Flower Farm, Froyle; Handy Stores, Medstead.	07765 891937	Jams, chutneys, award winning pesto, marmalades, jellies - all made with fresh ingredients.	Naomi normally sells at events but can take orders by email or phone, for collection. PACKAGING: Glass jars - can return to Naomi.
Pooke Farm Edible Flowers	pookles-farm-flowers.com	Worldham Hill, East Worldham, GU34 3AT	07795 212936	Edible flowers and herbs for weddings etc. supply local companies.	Organic PACKAGING: eco-friendly.

NAME	WEBSITE	LOCATION	TELEPHONE	PRODUCE	COMMENTS
ALTON MARKET - every Tuesday in Alton High Street					
The Cheese stall	thecheesestall.com	Winchester, SO23 0LD	01962 807220	Cheeses include Tunworth and Winslade from Herriard.	Some delivery during lockdown.
Sam Long's Vegetable and Fruit stall	samlongltd@outlook.com		07912 505 065	Fruit and vegs, local whenever possible.	Has been in the market for 40 years. Some delivery during lockdown.

HAMPSHIRE FARMERS MARKET - 2nd Saturday of the month in Alton High Street - at least 20% of produce must be sourced locally					
Mrs B's Bees	burtonbees.co.uk	Alton	07581 383379	Honey, candles, honeycomb.	Lipscombe Rise - very local.
Ambrose Farm Produce	ambrosesausages.co.uk		07979 024 268	Sausages, meat.	
Godshill Orchards	godshillorchards.co.uk	Godshill, IOW		Cherries and apricots, jam.	Farmers Mkt, June, July.
Butler Country Estates	butler-country-estates.co.uk	Winchester	01962 658081	Smoked trout pate.	6 varieties.

HAMPSHIRE FARE DIRECTORY - Over 400 businesses in Hampshire producing and selling local produce					
	hampshirefare.co.uk				Annual Hampshire Food Festival in July.

BREWERIES AND DISTILLERIES					
Triple fff brewery	triplefff.com	Four Marks, GU34 5HN	01420 561422	Own brewed beer.	DELIVERS As well as their own beer, their onsite shop sells range of beer, wine, spirits etc.
Gorilla spirits	gorillaspirits.co.uk	Upton Grey	01420 446175	Own distilled gin, vodka, liqueurs.	DELIVERS mail order.
Mr Whitehead's Cider Company	mr-whiteheads-cider.co.uk	Colemore, GU34 3PY,	01420 511733	Own ciders, apple juice, perry, cider vinegar.	DELIVERS Will also press your fruit and bottle your cider, beer or juice.
Jenkyn Place	jenkynplace.com	Bentley	01420 481581	Sparkling wine.	Private functions, special events and tours.
Gilbert White's Brewhouse	brewery@Gilbertwhiteshouse.org.uk	Selborne GU34 3JH		Beer.	At Gilbert White's House, several different brews, as available.