# Park and Stride to **Bidbury Schools**









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# What is Park and Stride?

Park and Stride is a simple initiative that involves driving part of the way to school, parking, then walking/wheeling or scooting the rest of the way.

- It is particularly good for families that live a bigger distance from the school.
- It also helps families where a parent/carer has to go onto work/is coming direct from work.
- Park and Stride initiatives help make the area around the school gate less congested and safer.
- It also encourages families to get some physical exercise.

Everyone can join in with a Park and Stride!





# Park and **Stride sites**

## A Havant Borough **Council car park lower Bidbury Mead**

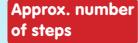
(Photo 1) (Entrance off Bidbury Lane by St Thomas' Church). Largest site.

#### Distance to school

0.8 miles / 850 metres

Length of time to walk

10 minutes



1000 steps







## **B** Havant Borough Council car park **upper Bidbury Mead** (Bedhampton Bowls Club)

(Photo 2) (Entrance off Bidbury Lane by St Thomas' Church). Good number of spaces available but may be busy when bowls match on use lower car park if busy.

#### Distance to school

0.6 miles / 600 metres

#### Length of time to walk

8 minutes

#### Approx. number of steps

750 steps



### **Directions to school**

- Walk north on the footpath and exit Bidbury Mead (Photo 3).
- Cross signalised crossing at end of lane onto north side of Bedhampton Road.
- Carefully cross the small side road -Lester Avenue.
- Walk up to either the path at the side of Brake House (photo 6) or the path from North Street opposite Bedhampton Community Centre.
- Both paths take you to the Infant and Junior school (Photo 7).





#### Alternatively, from here:

- You can also travel across the Bidbury and Bedhampton Park from the Bidbury Mead P&S (good path – Photo 4).
- Follow the pavement on King's Croft Lane towards the junction with Bedhampton Road (north).
- Walk a short distance on the south side of Bedhampton Road to the signalised crossing opposite Brake House (Photo 5).
- Take the path by the side of Brake House (Photo 6) or alternatively walk a short way to the path from North Street opposite Bedhampton Community Centre.
- Both paths take you to the Infant and Junior school (Photo 7).







# **G** Havant Rugby Club car park

#### Distance to school

0.1 miles / 128 metres

#### Length of time to walk

3.5 minutes

#### Approx. number of steps

150 steps

### **Directions to school**

 Walk on the pavement on the north side of Fraser Road and follow this into school.

## **PLEASE NOTE**

There are limited spaces at the Rugby Club and Muga car park, and these areas become congested. We would encourage use of the sites at Bidbury Mead where there are lots of FREE spaces.

# Muga car park (Next to Rugby Club).

When available!

#### Distance to school

0.1 miles / 123 metres

#### Length of time to walk

3 minutes

#### Approx. number of steps

140 steps

Please only use this area if you feel you have no other travel choice options.

# Top tips for active travel

- Please check out the routes/have a practice, it is your responsibility to make sure they are safe.
- Please help make the school run safer and healthier by joining the families who are already walking/wheeling, cycling, scooting, and travelling by bus and train.
- If you consider yourself an essential driver, please do try and use one of our Park and Stride sites, particularly Bidbury Mead.
- Consider getting dropped at and walking from a friend's house who may live more local to the school than you if you are some distance away.

- Also consider a lift share if you are going the same way as a neighbour/friend.
- Please never park on zig zag markings, yellow lines, near junctions, block driveways or reverse into spaces if you cannot see behind you (there may be a pedestrian or cyclists behind you).
- If you live within a ten-minute walking zone, it is often quicker to walk to school from home rather than trying to find a parking/stopping spot right outside school. It is also less stressful!

Scan this QR code to view this Park and Stride map online!



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# 5 good reasons to walk to school

1. Chance to be mindful

Boost brain power

Become street savvy

4. Breathe cleaner air

Kick star



School Crossing Patrol

These are approximate times dependant on the caretaker.

2 Main entrances

the afternoon

### Park and stride routes

— Route to schools from Bidbury Mead

Route to schools from Havant Rugby Club or Muga Car Park

Footpath

## **Key to photographs**

Lower Bidbury Mead P&S car park (HBC free car park)

Upper Bidbury Mead P&S car park (Bedhampton Bowls Club HBC free car park)

3 Path north from car parks to signalised crossing point

Path crossing Bedhampton Recreation Ground to Kings Croft Lane

5 Another signalised crossing opposite path by Brake House

6 Footpath running up to school side of Brake House

7 Footpath running from North Street up to school

