

# Walk with Wheels Week

## Getting to know your local area

Walking, wheeling, scooting and cycling to your setting, the park or the shops helps you and your family get to know your local area.

Here are some fun things to talk about and look for on your active journeys during Walk with Wheels Week.



Find out your road's name. Do any other roads nearby have a similar name, is there a theme? Trees, flowers, people....

How many roads will you walk along or cross on your active journey to your early years setting?

What do you see on your active journey? Do you see any houses, shops, bus stops, rivers, trees?

What is your favourite thing to see while walking, wheeling, scooting or cycling?



Is your walk, wheel, scoot or cycle flat or does it go up or down hills?

What do you prefer? Going uphill, downhill, or on flat ground?

How many trees can you count on your journey? Which is the tallest? Which has the widest trunk?

Which road on your route has the most houses? Can you find the house with the biggest number?