



1



LEAVE THE  
CAR AT  
HOME

2

TURN ENGINES  
OFF WHEN  
STOPPED



3



PARK  
AND  
STRIDE



4



HELP NATURE.  
PLANT TREES!



5

SPREAD "THE WORD"



[myjourneysouthampton.com/clean-air-day-soton](http://myjourneysouthampton.com/clean-air-day-soton)



# LET'S TEAM UP TO CLEAN UP OUR AIR



**1. LEAVE THE  
CAR AT HOME**



**2. TURN ENGINES  
OFF WHEN STOPPED**



**3. PARK AND STRIDE**



**4. HELP NATURE.  
PLANT TREES!**



**5. SPREAD  
THE  
WORD**



[myjourneysouthampton.com/clean-air-day-soton](http://myjourneysouthampton.com/clean-air-day-soton)