

My Journey Primary School Calendar – Autumn 2025

September

October

November

December

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
						Mode Shift Month															Car Free Day					World Heart Day			
						Catch the Bus Month					TravelWise Week										National Get Outside Day								
						Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
									World Mental Health Day				Cycle to School Week															Half term				
Walktober																																
We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr		

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
		Outdoor Classroom Day							Odd Socks Day						Your Time to Shine				National Tree Week											
									Anti-Bullying Week						Road Safety Week															
						COP30 starts			Disability History Month																					
Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31																		
																					Christmas holiday										Modeshift STARS submission deadline																	
Disability History Month																																																
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We																		

My Journey Primary School STARS Planner – Autumn 2025

September

Mode Shift Month (CU10-12) – [Register](#) for Modeshift's month-long celebration dedicated to sustainable travel. Visit [Mode Shift Month](#) to download resources for a pupil Travel Trail.

Catch the Bus Month (PT2, PT3, PT6, PT9) – Use the [partner pack](#) for ideas and resources to get young people excited about the bus.

TravelWise Week (W16, C16, PT6) – Encourage staff to make an active travel pledge, a great way to start the school year!

Peace One Day – (AQ10, CU3) Use the educational resources on [Climate Action](#) and [Sustainability](#).

Car Free Day (AQ2) – Challenge your school community to go 'car-free' for the day and share their 'car-free' experiences.

National Get Outside Day – (PR1) Feature your staff and pupil's favourite local walking, wheeling and cycle routes in your newsletter.

World Heart Day (W11) – Create a [heart shaped walk, wheel or cycle](#) near your school or around your school grounds.

October

World Mental Health Day (CU2) – A great opportunity to remind your school community about the importance of daily activity on our mental wellbeing. You could sign up to [Hello Yellow](#) – wear yellow to be bright and be seen and raise money!

Walktober (W7) – Sign up for [My Journey's Walktober](#) and get moving for our wellbeing, our community and our planet. You could also win a fantastic prize in the Walktober competitions.

Cycle to School Week (C20) – Make a school [pledge to pedal](#) and receive a free Pledge Pack full of promotional and curriculum resources.

November

Outdoor Classroom Day (R4, R5) – Get outside for some practical road safety training. Practice [pedestrian skills](#) and [scooter skills](#).

COP30 (AQ10, CU3) – Create a campaign to focus on the actions everyone can take to help slow down climate change.

Anti-Bullying Week and Odd Socks Day (PT10) – An opportunity to review the school's behaviour policy to include school and public transport.

Road Safety Week and Your Time to Shine (R10, R18) – Plan road safety activities including Be Bright Be Seen by registering for [Your Time to Shine](#).

National Tree Week (AQ10) – Plant trees to support the local environment and help improve air quality.

Disability History Month (W16-18, C16-18, R19, P3) – With a group of pupils, use the [Accessibility Audit Quick Guide](#) to assess the local active travel infrastructure.

December

Christmas Cycling (C16-18)

- ❖ [Modeshift's Cycle Bells](#): Resources to 'Cycle all the way' in December, including song lyrics, cycle activities and cycle pledges.
- ❖ New bikes at Christmas: Provide resources to help families learning to ride their new bikes and keeping them safe.
[Ready Set Ride](#) is a series of helpful videos for learning to cycle.
[Bike Register](#) is the national cycle database.
It could also be a good time to remind parents, carers and pupils about your school cycle policy.