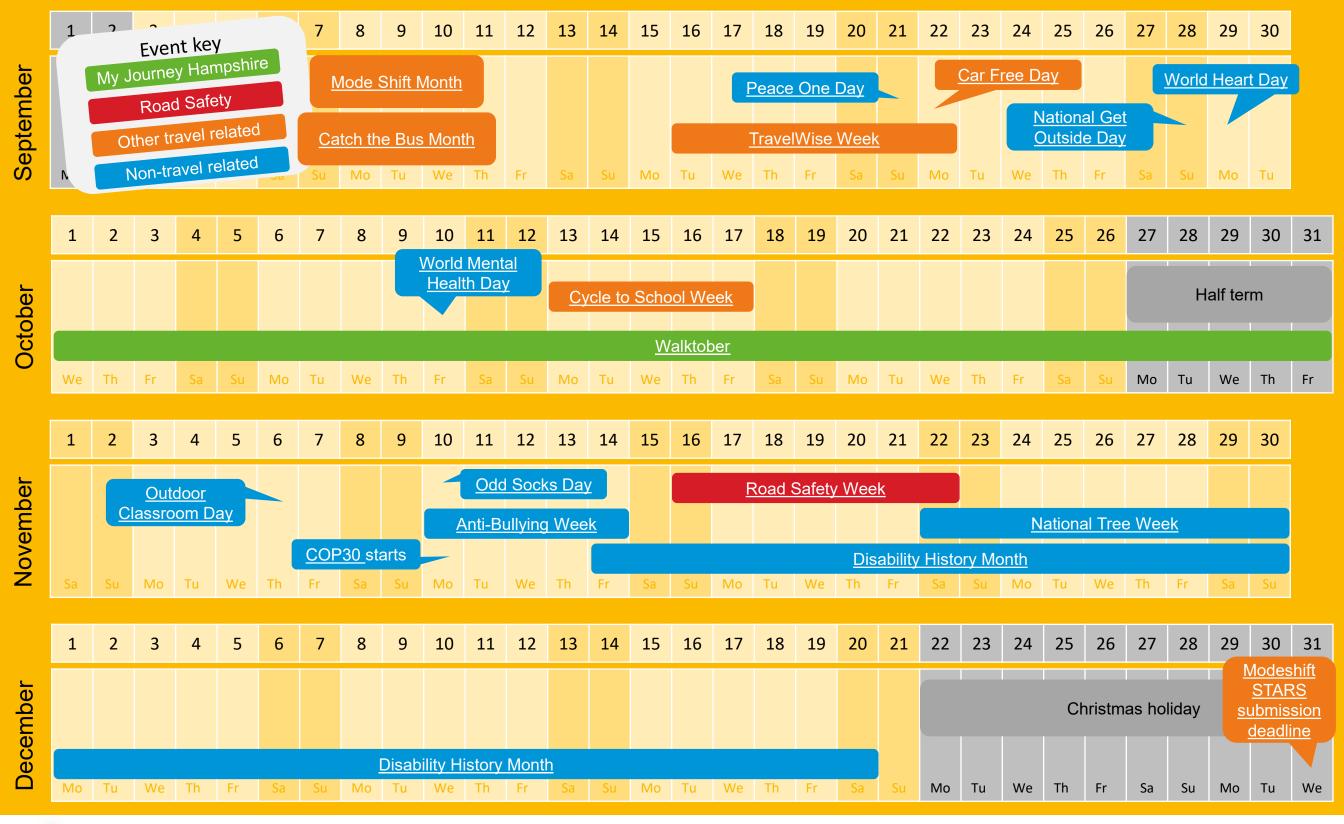
My Journey Secondary School Calendar – Autumn 2025









My Journey Secondary School STARS Planner – Autumn 2025

September

Mode Shift Month – Register for Modeshift's month-long celebration dedicated to sustainable travel and visit <u>Mode Shift Month</u> for resources.

Catch the Bus Month (PT2, PT3, PT6, PT9) – Use the <u>partner pack</u> for ideas and resources to get young people excited about the bus.

TravelWise Week (W16, C16, PT6) – Encourage staff to make an active travel pledge, a great way to start the school year!

Peace One Day – (AQ10, CU3) Use the educational resources on <u>Climate Action</u> and <u>Sustainability</u>.

Car Free Day (AQ2) – Challenge your school community to go 'car-free' for the day. Encourage pupils and staff to share their 'car-free' experiences.

National Get Outside Day – (PR1) Feature your staff and pupil's favourite local walking, wheeling and cycle routes in your newsletter.

World Heart Day (W11) – Create a <u>heart shaped walk, wheel or cycle</u> near your school or around your school grounds.

October

World Mental Health Day (CU2) – A great opportunity to remind your school community the importance of daily activity on our mental wellbeing. You could sign up to Hello Yellow – wear yellow to be bright and be seen and raise money!

Walktober (W7) – Sign up for My Journey's Walktober and get moving for our wellbeing, our community and our planet. You could also win a fantastic prize in the Walktober competitions.

Cycle to School Week (C20) – Make a school <u>pledge to pedal</u> and receive a free Pledge Pack full of promotional and curriculum resources.

November

Outdoor Classroom Day (R4, R5) – Get outside for some practical travel planning. Use some of the ideas from <u>THINK!</u> including mapping and surveying.

COP30 (AQ10, CU3) – Create a campaign to focus on the actions everyone can take to help slow down climate change.

Anti-Bullying Week and Odd Socks Day (PT10) – An opportunity to review the school's behaviour policy to include school and public transport.

Road Safety Week (R10, R18) – <u>Sign up</u> to Road Safety Week to receive a free Road Safety Week action pack.

National Tree Week (AQ10) – Plant trees to support the local environment and help improve air quality.

Disability History Month (W16-18, C16-18, R19, P3) – With a group of pupils, use the <u>Accessibility Audit Quick Guide</u> to assess the local active travel infrastructure.

December

Christmas Cycling (C16-18)

- Modeshift's Cycle Bells: Resources to 'Cycle all the way' in December, including cycle activities and cycle pledges.
- New bikes at Christmas: Provide pupils with information to help keep their new bike secure. Bike Register, is the national cycle database. It could also be a good time to remind parents/carers and pupils about your school cycle policy.





