



Walktober Inspirational Stories School Competition Entry

Use the space below to share:

- how your school encouraged active and sustainable journeys during the month of October.
- how you promoted your school's inspirational Walktober journey stories and reports.

You could write a summary report of what you have done, or add photos, or snips/screenshots, or add quotes (perhaps from your pupils). You can be as creative as you like! Remember to 'save' your finished Walktober Inspirational Stories Summary.

School name: Kings Meadow School

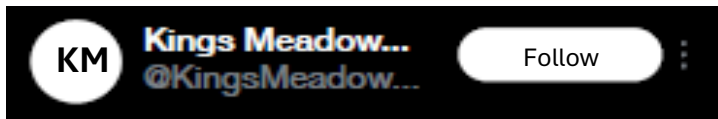
DfE number: 4321

To launch Walktober our school Green Team used the presentation in their tutor groups with the help of their teachers, that same day, we emailed out the parent and carer flyer along with the pupil competition instructions.

Using the content provided we posted regularly on the school Instagram and promoted the event via parent mail. This way we encouraged walking, wheeling and cycling and reminded those parents who need to drive to drop their children at the community centre Park & Stride. We asked staff to take part by creating a story about any active journey they took during Walktober, these were shared in our newsletter and displayed in the school foyer. As part of our tutor timetable, one tutor time a week is dedicated to the theme 'community', so throughout October we asked tutors to use this time for sharing reports and stories of active journeys.

To enter the school competition, please save your 'Walktober Inspirational Stories School Competition Entry' as a PDF document and then visit myjourneyhampshire.com/walktober to submit your entry by **Friday 7th November 2025**.

myjourneyhampshire.com/walktober

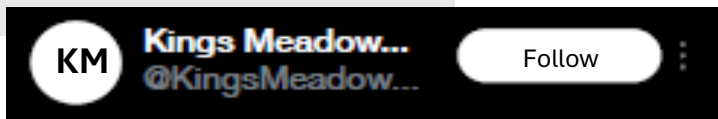


A reminder that #Walktober 2025 starts next Wednesday! 📅

The event celebrates International Walk to School Month 🙌

How will you travel actively and sustainably this October? 🚲 🚗

Do tell us about your active and sustainable journeys by completing the My Walktober Journey Report



#Walktober 2025 pupil competition entry details:

Pupils have been doing an amazing job completing their My Walktober Journey Reports, sharing their active and sustainable journeys! 📝

Pupils can now submit their competition entry to be in for a chance of winning some fantastic prizes 🎁:

<https://myjourneyhampshire.com/walktober>

! Enter by Friday 7th November 2025 📅

From the school newsletter – 24 October 2025

Walktober Car Share – Mrs. Taylor, English Teacher

To take part in Walktober, I decided to try a different way of getting to school. I live nearly 10 miles away, and although there is a train station near my house, the timetable doesn't quite fit with the times I need to be at school. I'd chatted with Mr. Ahmed from the music department a few times before about car sharing, but we'd never got around to organising it. Walktober gave us the perfect reason to give it a go.

We quickly realised how easy it was to coordinate. Mr Ahmed lives a few miles from me, so we agreed on a pick-up time and location. It's been a brilliant experience—not only have we saved money on fuel, but it feels great knowing we're helping reduce traffic and pollution by taking one car off the road each day.

An unexpected bonus has been the music! We've been introducing each other to new artists and playlists, which has made the journey something to look forward to.

One tip I'd share with anyone thinking of car sharing is to agree on a backup plan. Life happens—whether it's illness, a change in schedule, or an emergency—so it's helpful to know what to do if one of you can't make the journey.

We're planning to continue car sharing beyond Walktober and we now have another car sharer joining us twice a week – Miss Richards from the school office!

Some of our pupils' reports

Cycling to School

By Jake, Age 14

Since the start of term, I've been cycling to school – and honestly, it's been great.

Before I set off, I always check my bike using the M Check I saw on YouTube by Sustrans. That means making sure my tyres are pumped, brakes work properly, and everything's safe and ready to go.

My route includes some cycle paths, which makes the ride smoother and safer. It's actually quicker than the boy down the road who gets a lift – I pass him most mornings while he's still waiting in traffic!

Cycling gives me a bit of freedom, and I arrive feeling more awake and ready for the day. Plus, it's better for the environment and means my parents don't have to deal with another car trip.

I'd definitely recommend it to anyone thinking about making the switch!

My New Walk to School

I leave the house a bit earlier now,
No rushing around, more time somehow.
Mum drops me off at my best friend's gate,
We walk from there – it's really great!

The car ride's shorter, no traffic stress,
No hunting for parking, no morning mess.
We chat and laugh as we stroll along,
Sometimes we even sing a song!

There's a cat we see near the old stone wall,
It purrs and stretches, proud and tall.
We say hello, it blinks so slow,
Like it's glad to see us as we go.

Starting a new school made me feel tight,
Like butterflies fluttering, not quite right.
But walking with my friend calms me each day,
By the time we arrive, the nerves go away.

So now I walk and feel more free,
It's better for Mum, my friend, and me.
A little change, but it's really cool –
I love my new walk to school!



My Walktober Journey Report Competition entry form

Full Name Age
School

I use school transport each day to get to and from school.
Lots of children at my school also come by school transport.
So, my teachers regularly plan in walking and wheeling trips from the school into the local area so that we can learn about road safety. This also helps us to learn to become more independent – helping us to risk assess and identify the hazards near/on the road.

Our trips involve the below:

- ✓ Monitor the traffic – look at volume and speed of traffic on the different types of local roads (small cul-de-sac, residential road where our school is and the main A road).
- ✓ Looking at road signage and talking about what the signs mean and how they help us make decisions (for example the 'school' sign in a triangle).
- ✓ Looking for safe places to cross the road, talking about how we use these places and practicing – for example, the pelican crossing and the zebra crossing.
- ✓ Pointing out dangerous places to cross and talking about why they are dangerous – for example crossing between two parked cars.

See my pictures on the next page!

We always do classroom activities after our local trip such as putting Green Cross Code sort cards in the right order, making chalk drawings of a route and marking up safe and dangerous places to cross the road, designing road safety posters, watching videos from the Think website etc.



Full Name Age
School



I enjoy these trips and it means I can go out after school and at the weekend with my friends as my knows I can make sensible choices.

My tip would be to ask your teachers to organise local walking and wheeling trips as this will help you become more confident in going out in your local area after school and at weekends.

A report sent in from a parent and shared in the newsletter.

5 STEP MORNING COMMUTE



**STEP 1
LEAVE THE HOUSE**

**STEP 2
CYCLE TO SCHOOL**



**STEP 3
HAVE A NICE DAY!**

**STEP 4
PARK THE BIKE**



**STEP 5
RELAX ON
THE TRAIN**

DONE!