

Hampshire Schools Engagement

2025 -2026 academic year report

John Clode
08/09/2026



Image: Boorley Park Led Ride: John Clode/WWCT

About this report

Walk Wheel Cycle Trust

Walk Wheel Cycle Trust is the charity making it possible for everyone to walk, wheel and cycle.

We work directly with communities to make change happen. Then we evidence the impact to influence policies to push those changes further.

Because people-powered movement changes everything. Our health. Our wellbeing. Our world. www.walkwheelcycletrust.org.uk

Walk Wheel Cycle Trust is a registered charity no. 326550 (England and Cymru), SC039263 (Scotland) and 20206824 (Republic of Ireland)

This report highlights the achievements of the Hampshire Schools Engagement project covering the 2025-26 Academic Year. A Walk Wheel Cycle Trust (previously Sustrans) officer has delivered this work since May 2022.

Contents

Our key facts: Academic Year 25-26

	24 primary and secondary age schools engaged across Eastleigh, Fareham and Gosport
	A total of 18,699 pupil points of contact in face-to-face activities, self-led activities and surveys
	30 Bike/Scooter Doctors delivered throughout the year, checking and repairing 480 bikes and scooters
	56 pupils at secondary schools attended bicycle maintenance lessons
	261 pupils took part in Scooter Skills sessions at their school
	235 pupils took part in cycle or balance bike skills sessions
	108 activities, 18 assemblies, 6 classroom sessions delivered
	39 school took part in various active travel challenges and competitions with most taking part in multiple events.
	52 pupils joined a led ride from their primary or junior school to their new secondary school.

Bike & Scooter Doctor

Keeping bikes and scooters in good working order

Over the year, many times alongside dedicated Walk Wheel Cycle Trust volunteers, Bike and Scooter Dr's have been run in schools as well as part of some community events supporting Holiday and Food programs.

These are provided for a variety of reasons. Sometimes schools feel there is a need for it, and to help pupils in primary age schools prepare their bikes for Bikeability training to make sure they can safely take part and to allow for more time cycling.

Having a bike or scooter in a state of disrepair can be a barrier to children and families wanting to cycle or scoot to school and this helps provide the tools they need to conquer the school run in a happier and healthier way.

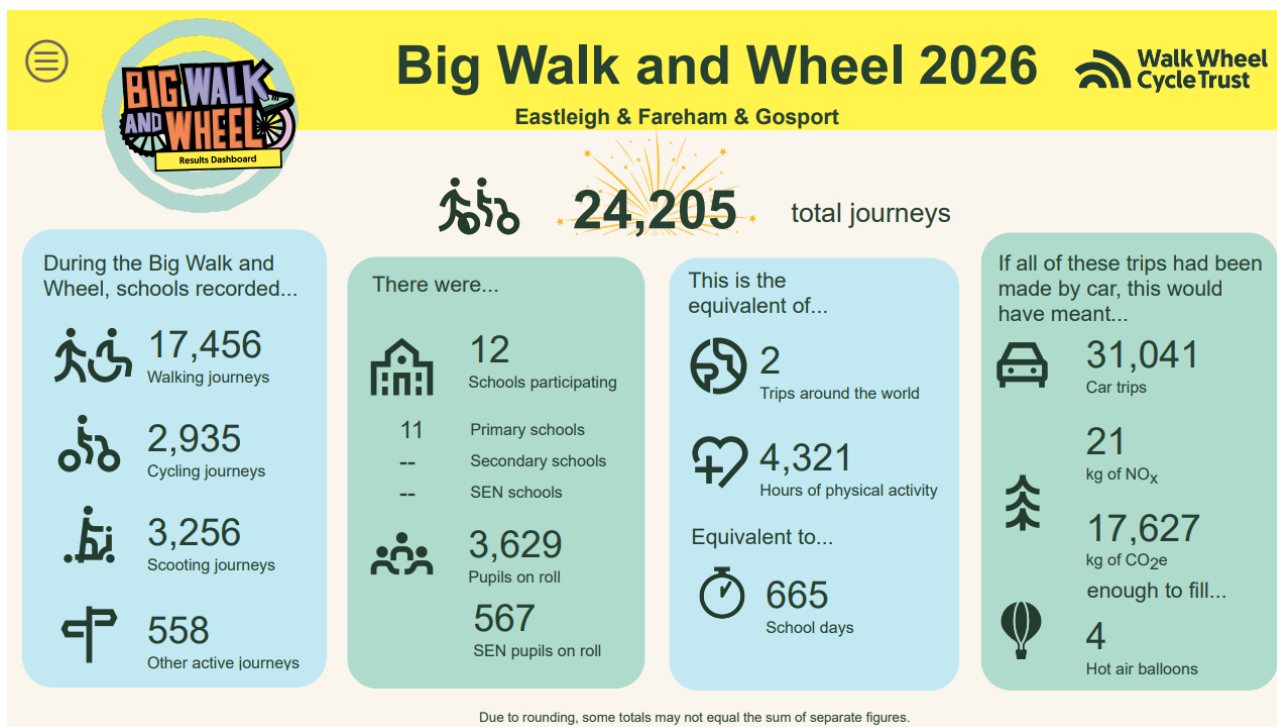


Image: Bike Doctor at Stoneham Park Primary School, Eastleigh: John Clode/WWCT

Big Walk & Wheel 2026

The Big Walk & Wheel is the UK's largest inter school walk and wheeling challenge spanning two weeks, usually in March each year. This year across the UK over 2500 schools registered completing almost 2.5 million active journeys to school.

How did the Bike It Schools do?



Twelve engaged schools took part in the 2026 challenge and each school achieved over 60% of their journeys to schools by walking, cycling or wheeling. There were even some journeys made by skateboard and pogo stick.

96%



King's Academy Gomer in Gosport were the top school in the region achieving an incredible 96% active travel

Bike Maintenance Lessons

Teaching secondary pupils to fix their bikes

As in previous years, bike maintenance lessons were delivered across three secondary schools in Eastleigh, Fareham and Gosport. Pupils took part in a morning dedicated to learning how to fix and maintain their bikes, making sure their bikes were roadworthy for their journey to school.

Mr Knight (staff) from Wildern School

"The maintenance lessons empower students with practical skills that promote independence and responsibility. These lessons go beyond mechanics; they foster a sense of community and encourage lifelong habits of care and sustainability"

What they learnt

The pupils who took part in the lessons were taught how to perform an M-Check on their bikes to ensure it was safe for them to ride. This allowed them to identify problems such as loose bolts, flat tyres and brakes not working.

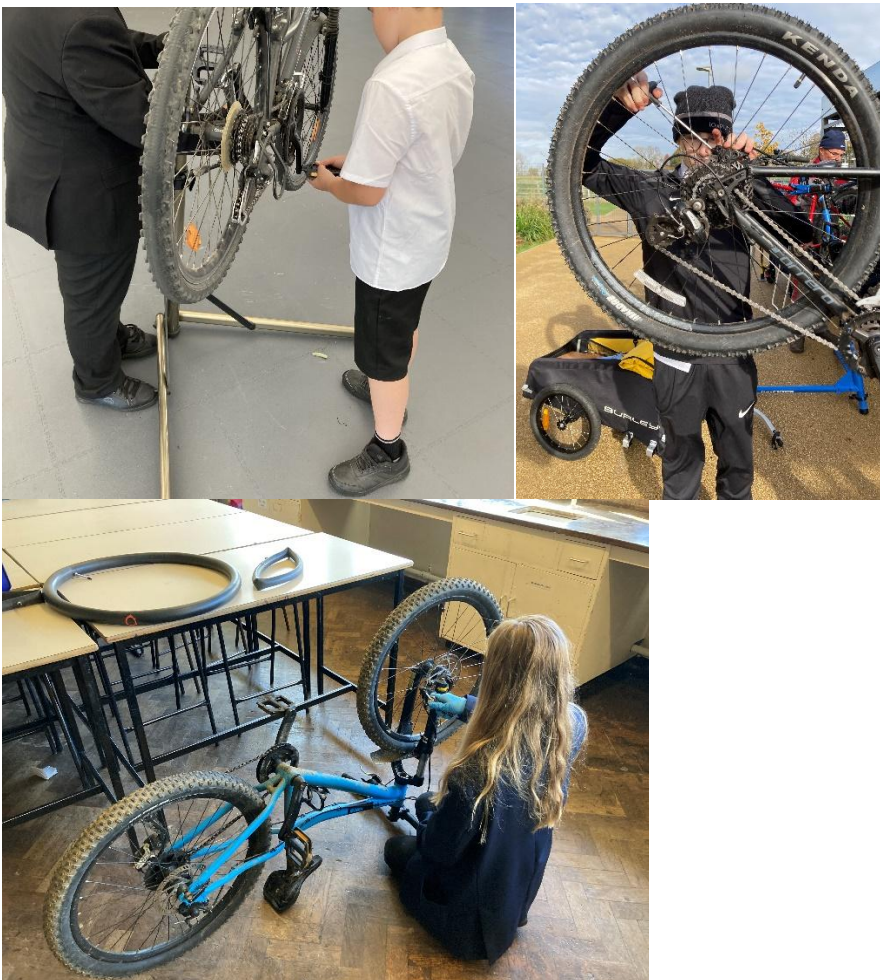
Other lessons were spent teaching the pupils how to repair punctures, fix and make adjustments to their brakes and fix and index their gears. Some pupils were able to replace cables, handlebar grips and even pedals.

These are the most common issues that project officers come across in schools. By learning how to fix issues, pupils can learn simple techniques themselves, rather than relying on parents/carers or having to use a repair shop which may be beyond their means.

Feedback from pupils and parents at Cams Hill School, Fareham

"At least now I know what to do and my Dad doesn't have to mend my bike when he's too busy, just so that I can ride to school."

"Many thanks for including my son in the bike maintenance class this week. He found the day extremely useful and informative (and fun!) and we are so pleased he was not only able to fix up his bike but learn invaluable skills to keep it running well"



Images: (Clockwise from top left) Pupils from Toynebee School, Deer Park School and King's Academy Brune Park: John Clode/WWCT

Led Rides



Case study



Transition time for Year 6

Year 6 pupils at three schools were offered the opportunity to join a led ride from their current school to their new secondary school.

In 2026 Alverstoke Junior School pupils rode to King's Academy Bay House in Gosport, Boorley Park Primary School pupils rode to Deer Park School in Eastleigh. Unfortunately, a planned ride for King's Academy Gomer to King's Academy Bay House was cancelled due to an extreme heat weather warning.

The aim of these rides is to demonstrate to pupils how easy it can be for them to cycle to their new school through exploring the safe routes they can use and showing how much fun, it is to ride with friends. They also learn about navigating routes safely and seeing how to locate the cycle storage at their new school.

Image: Pupils from Alverstoke Junior School on their Led Ride: John Clode/WWCT

Cycle, Balance Bike and Scooter Skills

Cycle Skills

The vast majority of primary schools signed up for Year 5/6 to complete Level 2 Bikeability training. The Pupils at these schools were all offered some playground cycle skills sessions. These are aimed at those who may have never ridden a bike before or lack confidence in their cycling.



Image: Pupil from Boorley Park Primary School, Eastleigh: John Clode/WWCT

The sessions are specifically designed by our trained and experienced project officers to improve confidence and skills when riding their bikes. This allows more pupils to be taken onto the road, to learn how to negotiate road junctions while being observant and using good communication with other road users to gain their Level 2 certificates.

Balance Bike Skills

With a small fleet of balance bikes, our project officer has been able to deliver some fun and instructive balance bike skills sessions for younger pupils, most often in Reception class and Year 1.

The children learn how to balance on their bikes without the need for stabilisers, how to control their bikes while balancing and using a brake to stop the bikes. They also negotiate obstacles while staying balanced on the bike.

This has proved invaluable ,to help the children make progression to pedal bikes much smoother, faster and easier.



Image: Pupil from Harrison Primary School, Fareham School: John Clode/WWCT

Scooter Skills

Scooters account for a large number of primary aged children travelling actively to school. Scooter skills sessions have become very popular and are a great way to encourage and enable more children to travel to school and beyond on two (small) wheels.

Children from Year 1 through to Year 6 can take part. Pupils learn how to balance on a two wheeled scooter, which can be a challenge for some, and is great for their core strength.

The sessions are packed full of useful skills with fun and engaging challenges to help children use their brakes, navigate obstacles whilst controlling their speed and

learning how to share pavement space safely.

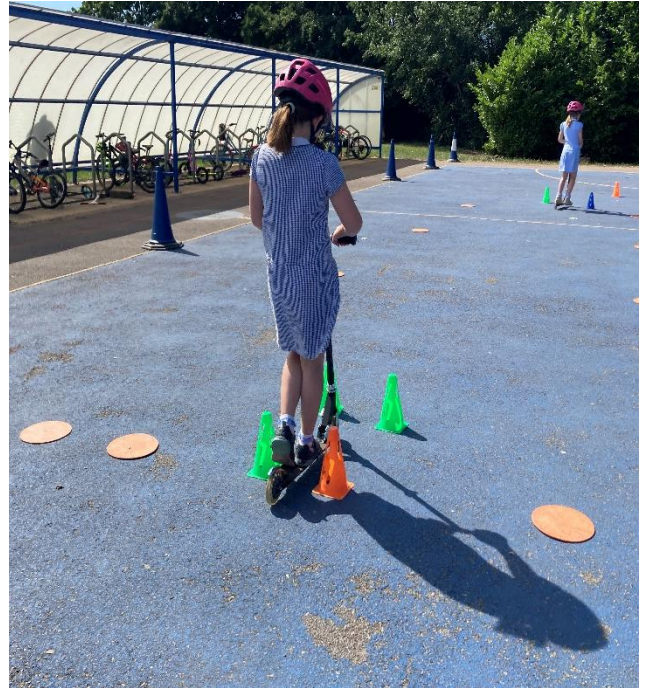


Image: Pupils at King's Academy Gomer, Gosport taking part in a scooter skills session: John Clode/WWCT

Hampshire Bike Equipment Library

What we did

In spring of 2026 our project officer launched the Hampshire Bike Equipment Library.

With a variety of equipment provided by Hampshire County Council , the officer has been able to loan a variety of equipment, including trailers, child seats, locks, pumps, pannier racks/bags and lights. These have been loaned to families who want to try cycling alone ,or with their children, before they take the plunge and buy their own equipment.

Currently the library is available to families linked to the schools we are engaged with in South Hampshire to encourage and enable active travel. If this proves to be successful, we hope to expand the area the library will be available to.

Quotes from families

"We were thrilled to hear Walk Wheel Cycle Trust was lending out bike trailers for free, we've always wanted to give our children the

chance to watch the scenery whizz by and enjoy cycling this way together.

"They are absolutely loving the double trailer, even local rides have felt like an adventure"

Claire Osborne, Chandler's Ford

"Being able to cycle with the children was more worry-free as I could be alongside them in the 1+ miles from home to school"

Ellie Harris, Fareham



Case study



Bike Equipment Library

Image: Claire Osboure

Junior Road Safety Officers

Working with pupils

Junior Road Safety Officers (JRSOs), School Councillors and Junior Travel Ambassadors have played a significant role to encourage and enable their fellow pupils to walk, wheel or cycle to school. They work alongside our project officer and their school's travel champion.

JRSOs at King's Academy, Gomer and School Councillors from Gomer Infant School helped and starred in a short video to relaunch and promote their Park & Stride location.

This location has kindly been provided by the local football club, allowing parents to park a short distance away from the school, reducing traffic and improving air quality around the school at key times. It means that families fit in a short walk at the start and end of the school day, which is great for the physical and mental health.

How many Park & Stride?

Since the launch of the Park & Stride its has contributed to 2500 fewer car journeys to the school

JRSOs at all the schools which took part in local and national active travel challenges help with data collection, prize giving, regular cycle and scooter counts and promotion in assemblies alongside our project officer.

JRSOs at Hiltingbury Junior School, in Eastleigh and Alverstoke Junior School in Gosport are notable among those who go the extra mile in their efforts, holding regular meetings with the schools travel champion and our project officer to plan initiatives and events that suit their school community.

Active Travel Ambassadors

Our project officer has been working closely with colleagues at Hampshire County Council and from Modeshift STARS on their Active Travel Ambassadors (ATA) campaign. This gives secondary school pupils a voice in tackling transport issues affecting the school. Our project officer continues to work with two schools on the programme, both have some exciting initiatives set up for the new school year to encourage more cycling, walking and wheeling.

Newsletters

Celebrating our work

This year has seen the introduction of a monthly newsletter to promote and celebrate our work with schools.

At the end of each month our project officer compiles all the activities that have taken place, as well as promoting what is coming up in the next month. This is then shared by engaged schools with their school community.

The newsletters are now a regular feature on the My Journey Hampshire website and part of the termly Hampshire Ezine This further spreads the word about what we have done and plan to achieve .

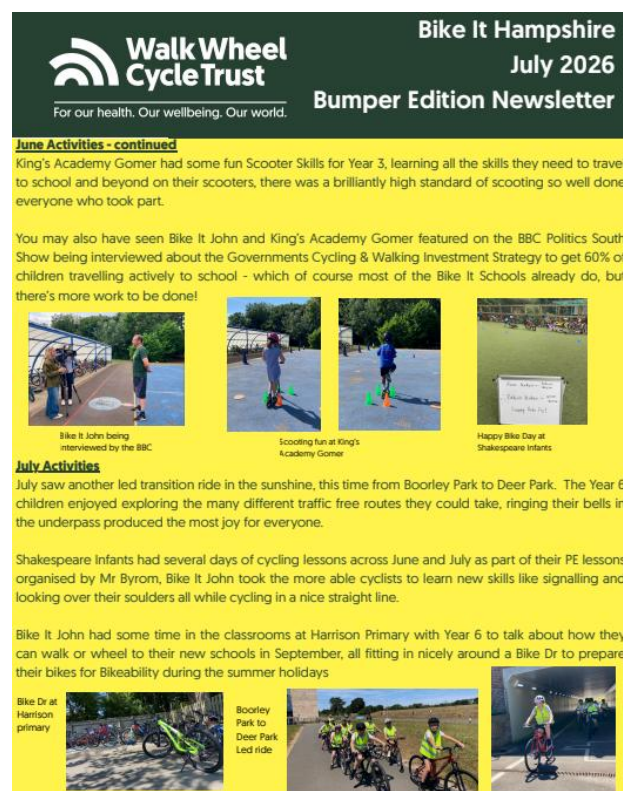
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Newsletters have been produced during the last school year, including a special summer edition

The newsletters have also been a valuable space to promote the large variety of initiatives and activities to other Hampshire schools.

Families and school communities can keep up to date with what is coming up at their children's schools. It has been a really useful platform to advertise initiatives like the Bike Equipment Library - which has resulted in equipment loans being organised.



An archive of all the newsletters can be found here

<https://myjourneyhampshire.com/education>

Schools Data

Hands Up Surveys are taken at each school when they first engage in the project, a follow up survey is then taken at the end of each academic year to monitor the impact of our work. Note – data only shown for schools with a complete and comparable survey. Looking at the schools that we worked with during 25-26, the Hands Up surveys show that increasing active travel modes and reducing car usage have been achieved this year for most of the schools we work with.

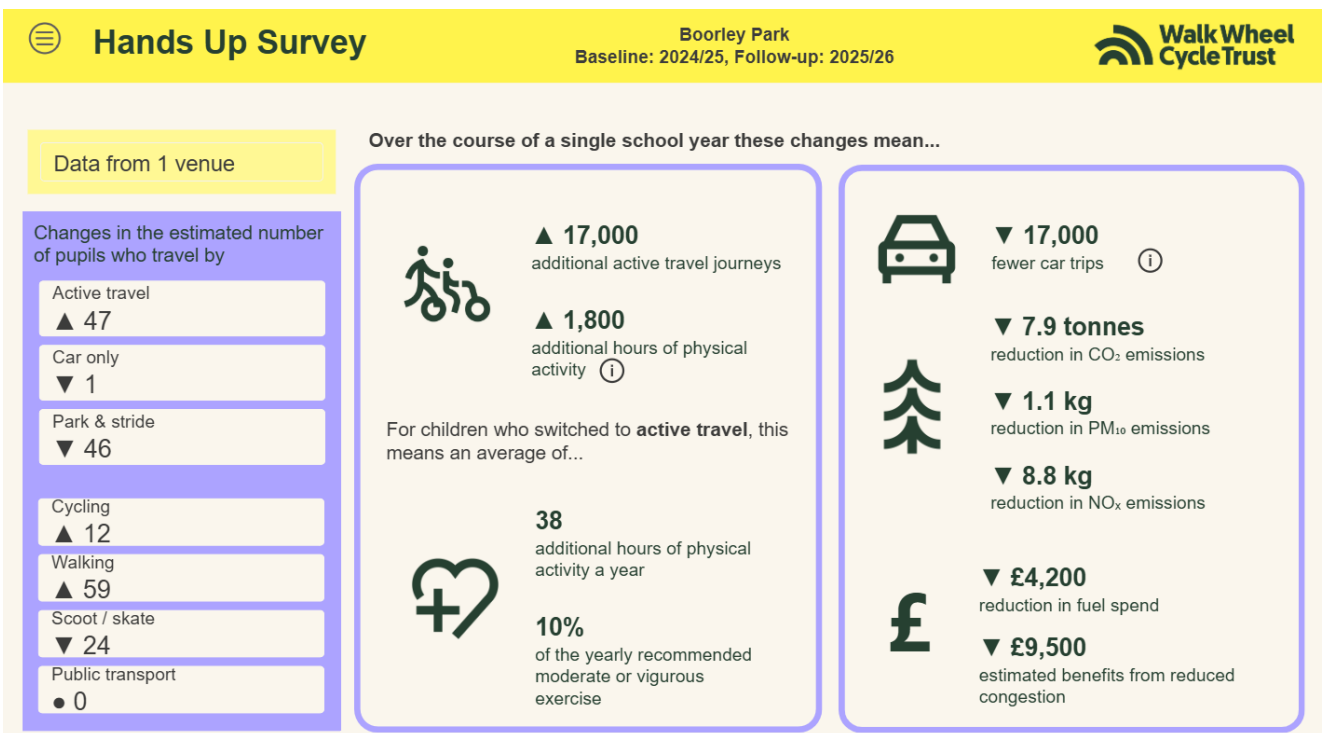
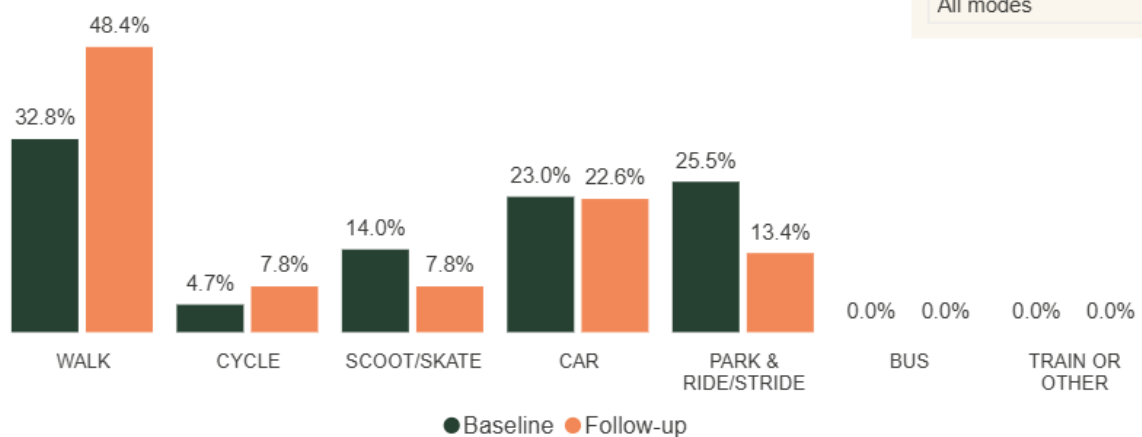
School	Baseline Active Modes	25/26 Active Modes	Baseline Car Usage	25/26 Car Usage
Boorley Park Primary	51.5%	64.0%	23.0%	22.6%
Elson Junior	69.2%	71.9%	17.6%	13.3%
Harrison Primary	62.5%	61.8%	13.5%	4.4%
Hiltingbury Infant	66.2%	57.1%	15.6%	19.7%
Hiltingbury Junior	60.8%	56.0%	16.8%	20.5%
KGA Gomer	71.4%	74.4%	7.9%	2.4%
Stoneham Park	63.8%	65.3%	30.8%	22.2%
Toynbee School	74.6%	74.7%	23.4%	21.2%

Schools Data

Some examples of our impact

Boorley Park Primary School, Eastleigh

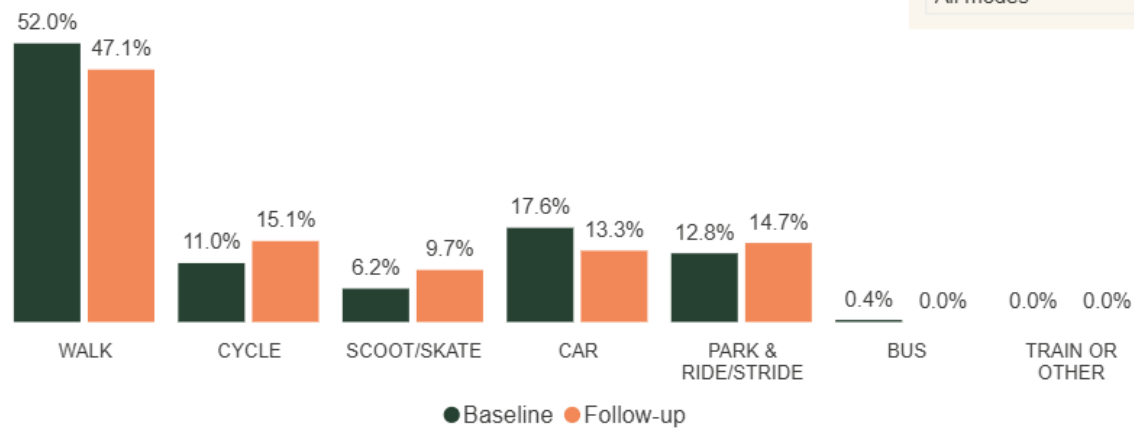
How do you usually travel to school?



Elson Junior School, Gosport

How do you usually travel to school?

All modes



☰

Hands Up Survey

Elson Junior School
Baseline: 2022/23, Follow-up: 2025/26

Data from 1 venue

Changes in the estimated number of pupils who travel by

Active travel
▲ 9

Car only
▼ 13

Park & stride
▲ 6

Cycling
▲ 13

Walking
▼ 15

Scoot / skate
▲ 11

Public transport
▼ 1

Over the course of a single school year these changes mean...

▲ 2,900
additional active travel journeys

▲ 490
additional hours of physical activity ⓘ

For children who switched to **active travel**, this means an average of...

57
additional hours of physical activity a year

16%
of the yearly recommended moderate or vigorous exercise

▼ 2,600
fewer car trips ⓘ

▼ 1.7 tonnes
reduction in CO₂ emissions

▼ 230 g
reduction in PM₁₀ emissions

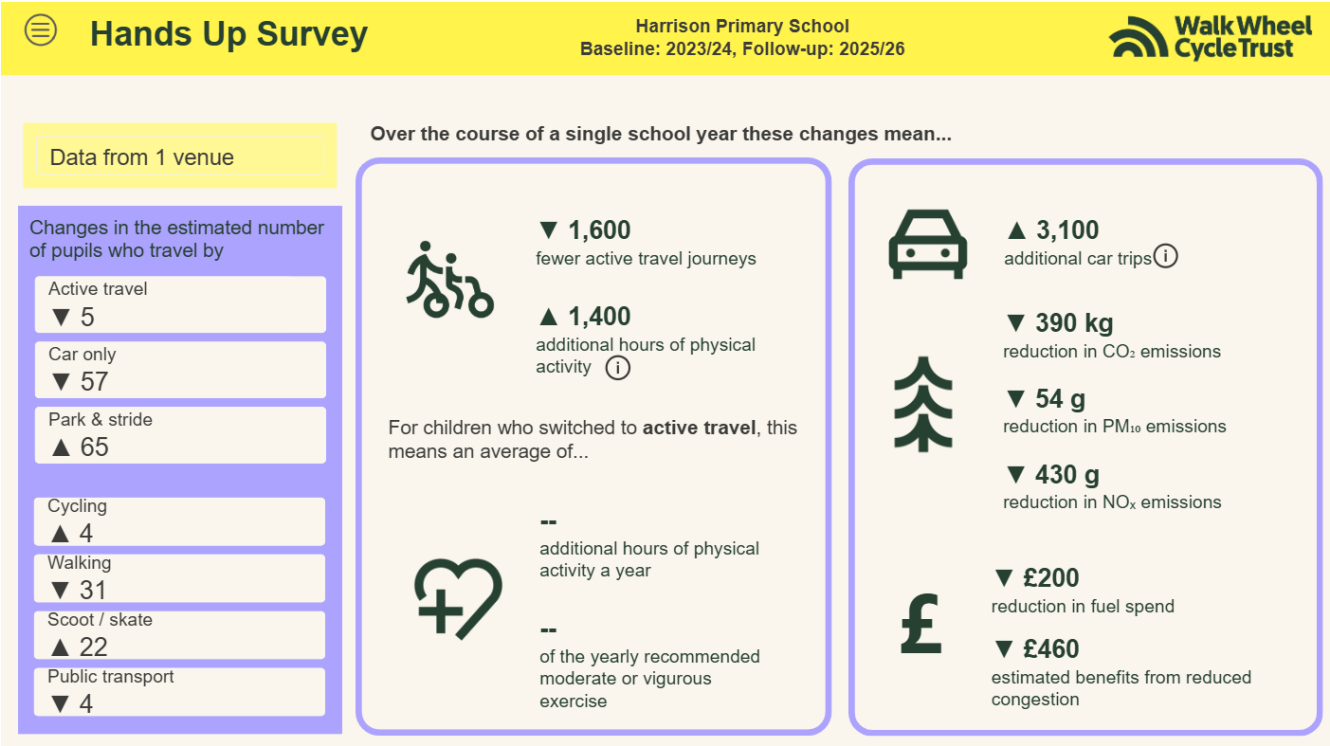
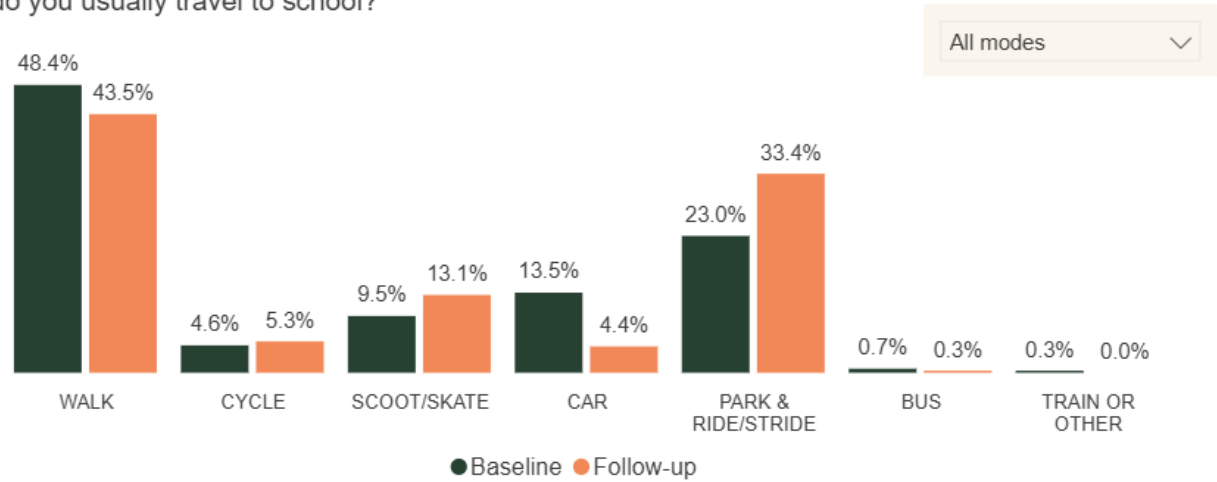
▼ 1.8 kg
reduction in NO_x emissions

▼ £870
reduction in fuel spend

▼ £2,000
estimated benefits from reduced congestion

Harrison Primary School, Fareham

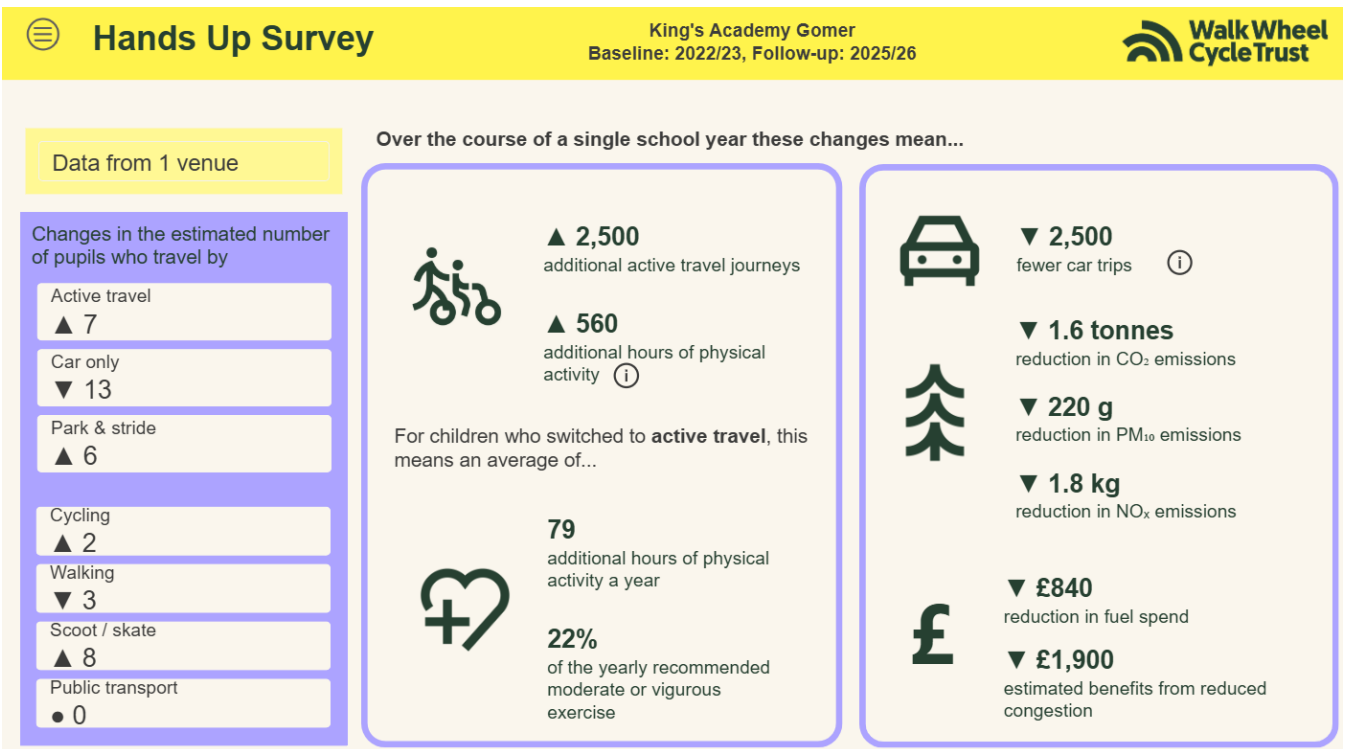
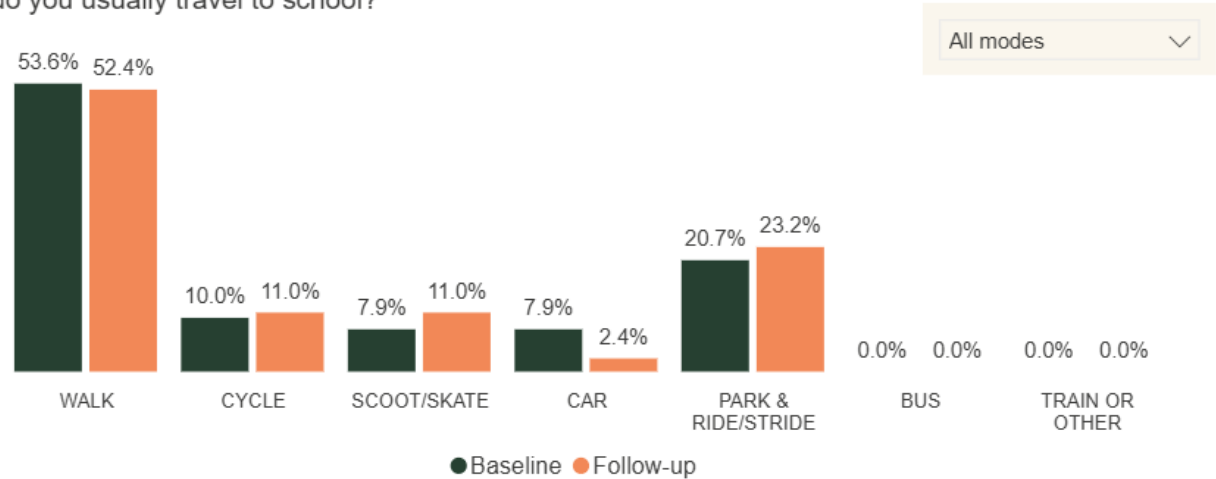
How do you usually travel to school?



Schools Data

King's Academy Gomer, Gosport

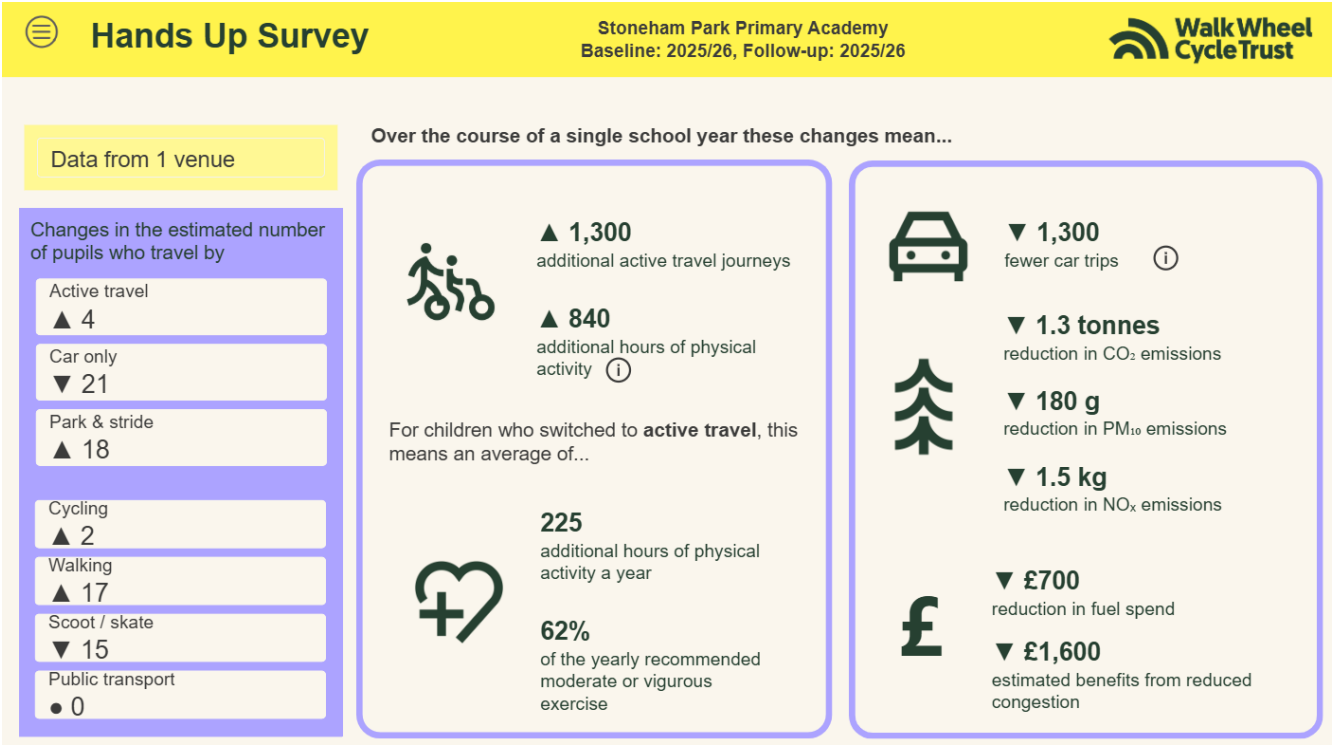
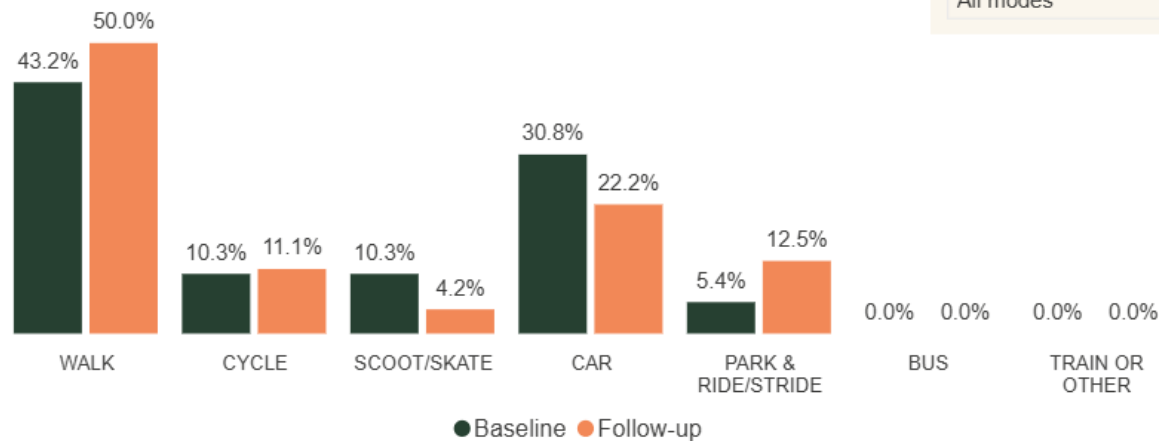
How do you usually travel to school?



Schools Data

Stoneham Park Primary School, Eastleigh

How do you usually travel to school?



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